# SPRINT RETROSPECTIVE FACILITATOR GUIDE

The Sprint Retrospective are meetings in which the team give feedbacks about the past sprint, with the purpose of improve the Team and make it more efficient for the next Sprint. It is not only part of Scrum but of Agile to think about how to make the team more effective at regular intervals (as it is written in the Agile Manifesto).

These meetings are not only limited to the last sprint: it also can contain feedbacks about the Daily Scrum, cross-functional capabilities, and any other aspects of how the Scrum Team and the Product Owner work together: anything that can improve the Team.

When talking about the past Sprints (it does not need to be limited to the last one), there are different subjects which could be mentioned (Scrum Alliance, s.f.):

* Communication
* Teamwork
* Process
* Tools
* Systems
* Work environment
* Missing competencies
* Collaboration with external parties

Every Sprint Retrospective give the Team the chance to: (Scrum Alliance, s.f.):

* Continuously improve.
* Inspect and adapt.
* Grow as a team and as individuals.

There is not time limit for these types of meetings.

# References

Scrum Alliance. (n.d.). *Scrum Alliance*. Retrieved from Scrum Alliance: https://resources.scrumalliance.org/Article/sprint-retrospective#:~:text=A%20sprint%20retrospective%20brings%20your,the%20end%20of%20each%20sprint.